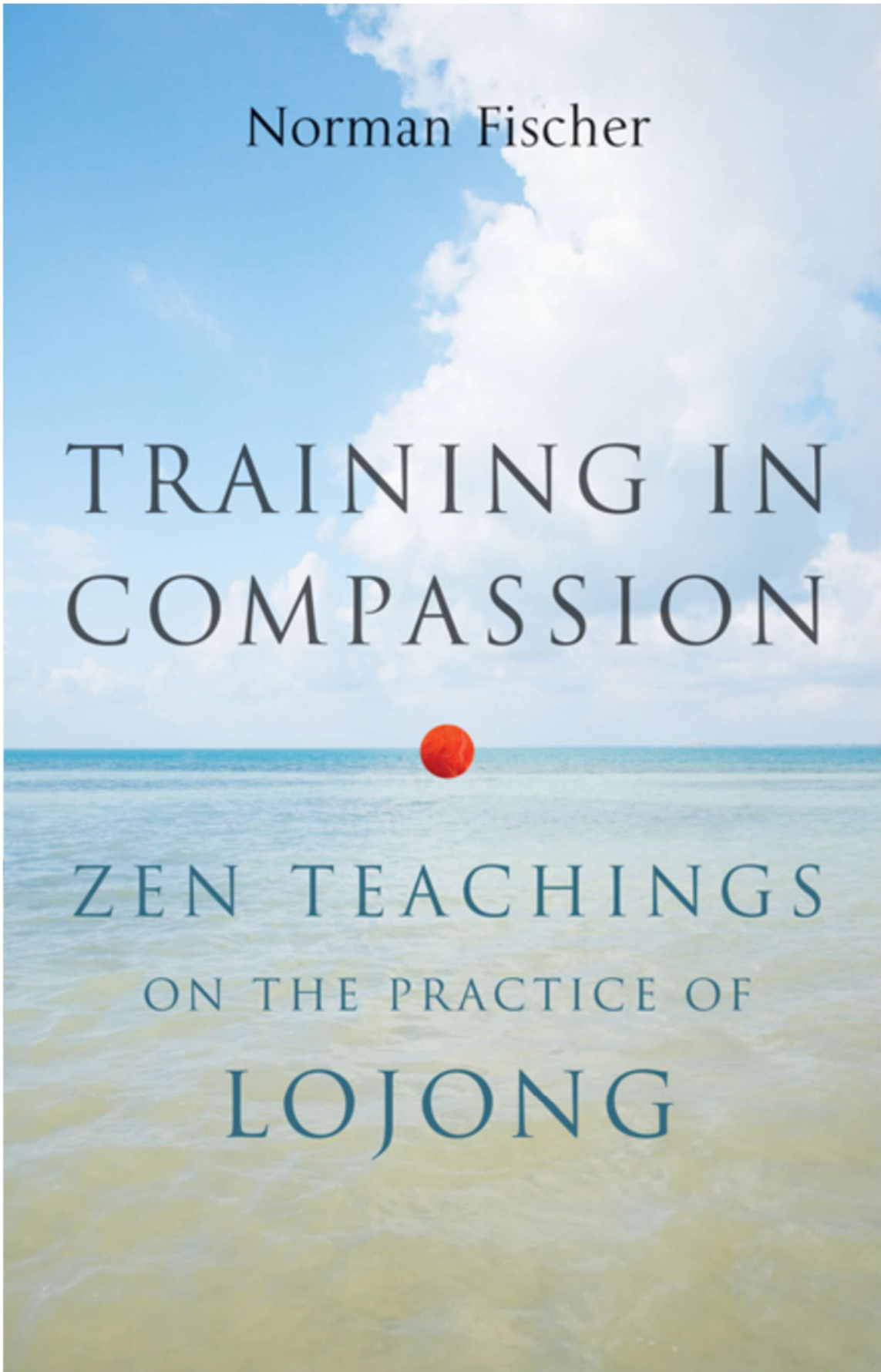


The background of the book cover is a photograph of a beach scene. The top half shows a bright blue sky with large, white, fluffy clouds. The bottom half shows a calm sea with light blue and greenish waves. A small, solid red circle is positioned on the horizon line, acting as a visual separator between the title and the subtitle.

Norman Fischer

TRAINING IN COMPASSION

ZEN TEACHINGS
ON THE PRACTICE OF
LOJONG